



Bridgewater Veterinary Hospital, Inc.
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Bensalem, Pa 19020
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Oil & Benadryl Usage

- ❖ Extra Virgin Olive Oil, Fish oil, OR Flaxseed Oil: This contains important Omega 3 & 6 acids which can help the skin. This can also be helpful in the protection of our pet's joints. The best way to give this is to simply pour it over each meal you give your pet. There is a risk of your pet developing loose stools or diarrhea with this, so if that occurs please decrease the amount and/or frequency of the oil. Using fish oil is the best choice. You can also buy Dermaquin capsules at local pet stores.
 - For pets UNDER 30 pounds: 1 teaspoon to ½ tablespoon at each meal.
 - For pets OVER 30 pounds: 1 to 2 tablespoons at each meal.

OTC Antihistamine Option:

- ❖ Diphenhydramine HCl (Benadryl): When you buy this product over the counter it is only available as a 25 mg tablet or capsule. **Do NOT use the one that has a decongestant in it.** This drug does have the risk of causing sedation, but this happens much less frequently in pets than in humans. There is also a very rare risk of upset stomach, like vomiting or diarrhea; if you are concerned with this you can give the drug with food or after a meal to decrease the risk. You can also use this drug if your pet has an allergic reaction to something which often causes hives or swelling of the muzzle. If this occurs, you would want to give the medication 3 times a day until the reaction is FULLY resolved for 24 hours.
 - Dosage: 1mg per pound 2 to 3 times per day